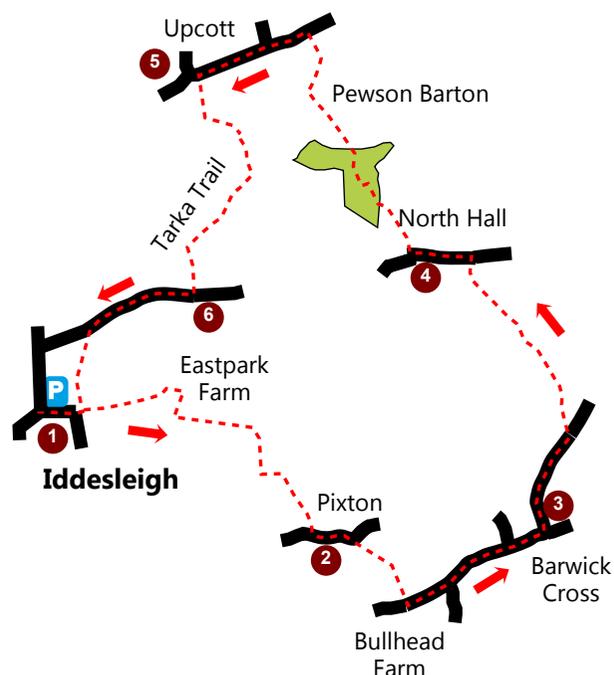


East Ruby Country - Through War Horse Valley



Directions - Iddesleigh and War Horse Valley

DIRECTIONS	6 miles	TIME	2½ to 3 hours
PATHS	Quiet country lanes, tracks and footpaths across fields		
MAP	OS Explorer 113, or Landranger 191		
START/FINISH	Grid reference SS569082		
PARKING	In Iddesleigh Village Square, or on the road outside the church		
FACILITIES	Duke of York pub in Iddesleigh		

1. Start from outside the church and head through the village keeping the Duke of York pub on your left. As the road bears to the right, head straight on along a public footpath. Keep straight on this track, until you come to Eastpark Farm. Look out for the peacocks.

At the farm take a track through a gate on your right and follow the track through gate into a field. Cross this field, keeping the fence on your left, through the next gate, turn right into another field, keeping the hedge on your right. Cross a narrow bridge across a stream, then through a gate into another field. Turn left, pass through a gate into a wood. Turn right over a small wooden bridge and keep on up the grassy track. This track will bring you through another gate on to a quiet road. Turn left and pass through the hamlet of Pixton.

2. After a short distance you will find a public footpath sign. Follow this, through a gate on your right in to a field. Cross this field keeping the hedge on your right. At the top of the field bear left, keeping the hedge on your right. After a while cross a stile and follow the path keeping the hedge on your left. A road will be reached opposite Bullhead Farm. Turn left. From this road you will have some wonderful views. Keep on this road, past 2 junctions until the hamlet of Barwick is reached. Turn left at Barwick Cross.

3. Follow the road until a footpath sign is reached. Cross the stile over a hedge into a field on your left. Cross this field, head towards a farm. Go through the gate on the right and continue towards the farm. Cross the hedge by some steps into the next field. Turn right, follow the path over more steps into another field. Cross the stile then bear left to another stile in the corner.

Cross this stile and head towards the farm buildings. Turn right through the gate onto a track to a road. Turn left onto the road and continue until you reach the entrance to North Hall.

4. Turn here through the gate and keep the house on your right. Pass through a small gate into a grassy area and over a stile in to a field. Continue diagonally left towards another stile and into a wood. Here the path may be difficult to follow, although sign posts direct you. These will lead you to another stile over a wire fence. Cross another stile and head for the top right corner of the field. Go through a gate on to a farm track. Turn right on the track to the road. Turn left at junction and head through the hamlet of Upcott.

5. Turn left down a track at a signpost onto the Tarka Trail after a property called Old Beams. Follow this track and cross the stile on the left, cross the field to a gate in the hedge opposite. Go through this gate and follow the route across a wooden bridge, past a farm house on the left and onto a farm track. Follow this track until the road is reached.

6. Turn right and look for a footpath sign after about ½ mile, leading you left into a field. Cross this field and head towards Iddesleigh, now clearly visible. Bear left at the properties and through a gate into another field. Cross this field keeping the fence on the left, pass through a gate on to a lane and turn left back to the start of the walk.