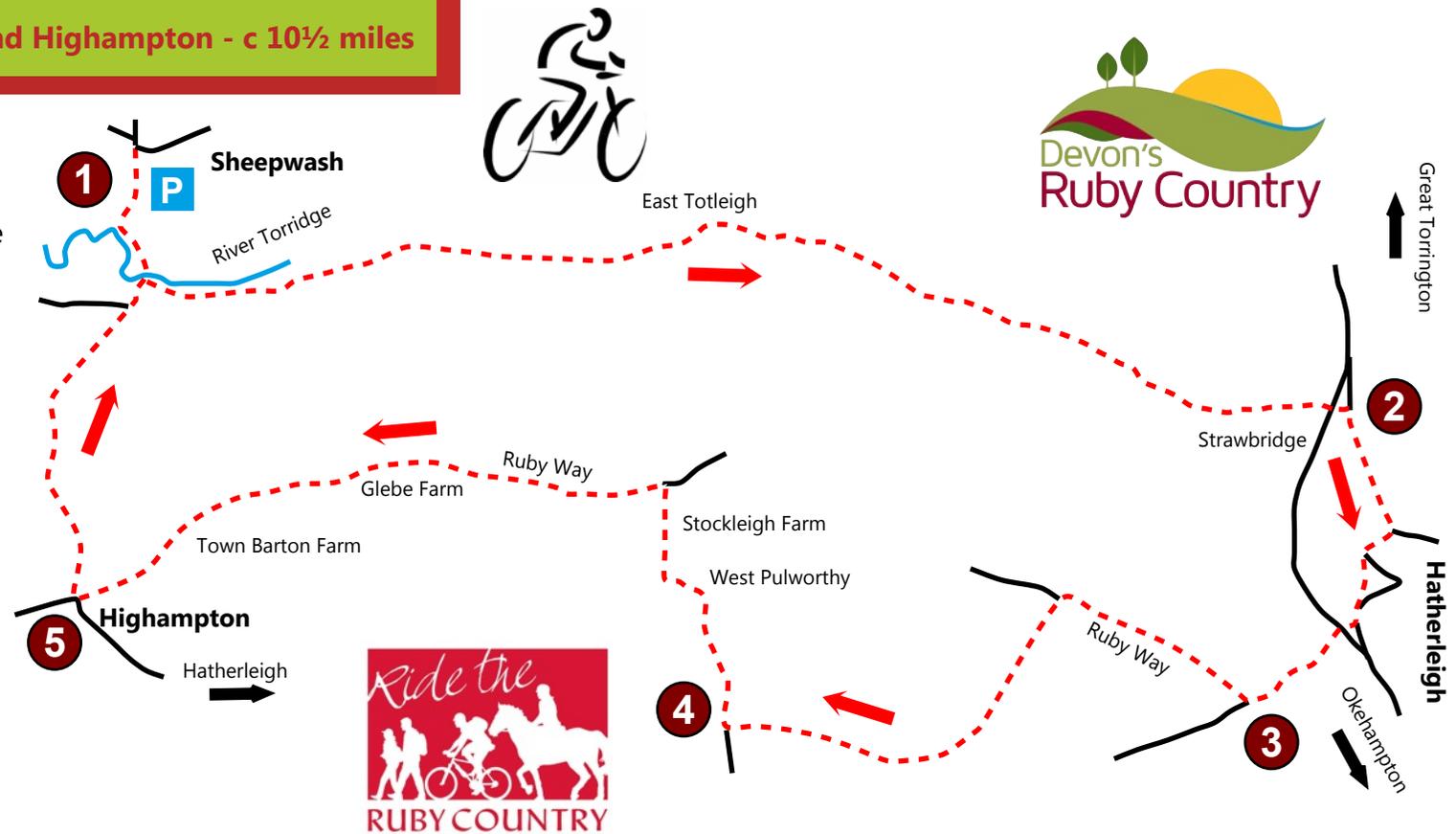


1. The most convenient place to start this ride is from Sheepwash. From the village, keeping the Half Moon Inn on the left head down the hill and just over the bridge turn left and keep on this road, past East Totleigh heading towards Hatherleigh. Cross the disused railway line and past Strawbridge on the right before going under the main road emerging at Fishleigh Cross.
2. Turn right and follow the road in to Hatherleigh, through a right hand bend and then passing through the village. Cross the bridge and at the round about on the main road, pass straight over in the direction of Holsworthy. Follow the road uphill until a sign for the Ruby Way to Highampton is reached.
3. Turn right and follow Runnon Moor Lane. Turn left onto the disused railway line and follow this until the Ruby Way turns right.



8 Directions - Sheepwash, Hatherleigh and Highampton

DISTANCE	c 10½ miles
ROUTE	Quiet country lanes and an off road section of the Ruby Way
MAP	OS Explorer 112 and 113 or Landranger 190
START/FINISH	Grid reference SS486063
PARKING	Free parking in The Square in Sheepwash
FACILITIES	Half Moon Inn and village shop in Sheepwash, all facilities and services in Hatherleigh, Golden Inn and village shop in Highampton

4. Head along the track past Higher Pulworthy, West Pulworthy and Stockleigh Farm, finally reaching a junction with a road. Turn left and head towards Highampton, past Glebe Farm, Town Barton Farm and Highampton Village Hall. After a downhill stretch the village of Highampton is reached.
5. At the road junction turn left and head towards Sheepwash. Keep on this road until Sheepwash is reached with the final section of the ride being uphill once Sheepwash Bridge is crossed.

This ride can be combined with routes 7, 9 and 10, or can be incorporated into a longer tour of Ruby Country using more of the cycle routes available to download from the website.