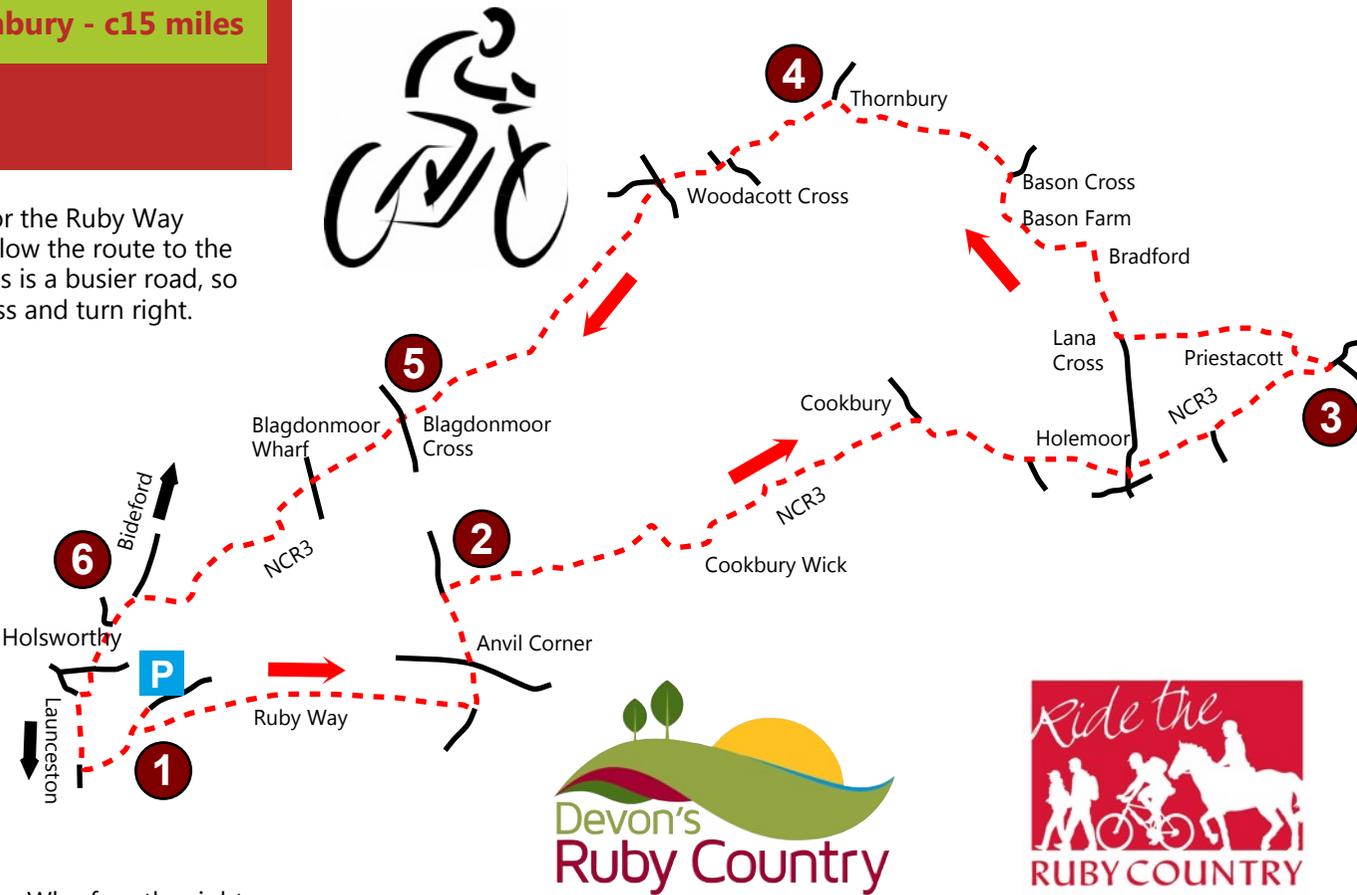


- From the lay by on Windmill Road, head downhill to the sign for the Ruby Way opposite the Viaduct Cafe. Turn left onto the Ruby Way and follow the route to the road. Turn left and head straight across the next cross road. This is a busier road, so cross with caution. Continue to the next junction at Upcott Cross and turn right.
- Follow this road, also National Cycle Route 3 through the hamlets of Upcott, Cookbury Wick and Cookbury. When Cookbury is reached follow the road around to the right and downhill. Continue through Holemoor, straight ahead at the crossroads and continue on this road to the next road on the left.
- Turn left and head past Priestacott to the next junction. Turn right at Lana Cross and head towards Bradford. Once through the hamlet the road bends sharply to the left, past Bason Farm on the right and to Bason Cross. At Bason Cross take the left fork and follow the road to the hamlet of Thornbury,
- Turn left in the direction of Woodacott Cross. Woodacott Cross is a 5 way junction. Do not turn directly left but take the road signed to Holsworthy. This road will lead to Blagdonmoor Cross, the next road junction.
- Pass straight through Blagdonmoor Cross, passing Blagdonmoor Wharf on the right and follow the road all the way to the next junction. This is the main Holsworthy to Bideford road and is busier than the lanes used so far.
- Turn left and head towards Holsworthy. Cross over the mini roundabout, pass the church on the left. Stop in Holsworthy and explore. Then carry on this road downhill under the viaduct and to the next major junction, signed to Hatherleigh and Okehampton, turn left and head up hill, past the Viaduct Cafe on the left to the lay by on the right and the start of the route.

This ride can be combined with routes 2, 4 or 6, or can be incorporated into a longer tour of Ruby Country using more of the cycling routes available to download from the website.



## 5

## Directions - Holsworthy, Bradford and Thornbury

<b>DISTANCE</b>	c15 miles
<b>ROUTE</b>	Quiet country lanes and an off road section
<b>MAP</b>	OS Explorer 112 and 126 or Landranger 190
<b>START/FINISH</b>	Grid reference SS348038
<b>PARKING</b>	In the lay by on Waterloo Road close to The Viaduct Cafe, near Holsworthy
<b>FACILITIES</b>	Refreshments at The Viaduct Cafe and all facilities and services in Holsworthy